

**Composition :** Each soft gelatin capsule contains Docusate Sodium USP 100mg.

**Pharmacology :** Docusate is a stool softener. Docusate sodium is an anionic wetting agent, which acts as a faecal softener by lowering the surface tension and allowing penetration of accumulated hard dry faeces by water and salts. It works by increasing the amount of water the stool absorbs in the gut, making the stool softer and easier to pass. Docusate sodium also possesses stimulant activity.

**Indications :** It is indicated to prevent and treat chronic constipation as follows: • Soften hard, dry stools in order to ease defaecation and reduce straining at stool. • In the presence of haemorrhoids and anal fissure, prevent hard, dry stools and reduce straining. It is also used as an adjunct in abdominal radiological procedures.

**Dosage & Administration :** Adults and elderly: 1-5 soft capsules should be taken daily in divided doses. Treatment should be commenced with large doses, which should be decreased as the condition of the patient improves. For use with barium meals: 4 soft capsules to be taken with meal. Or, as directed by the registered physician.

**Contraindications :** It is contraindicated in patients having hypersensitivity to docusate sodium or any of the components. It should not be administered when abdominal pain, nausea, vomiting or intestinal obstruction is present.

**Precautions :** Organic disorders should be excluded prior to the administration of any laxative. The treatment of constipation with any medicinal product is only adjuvant to a

**Doset  
Capsule**



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healthy lifestyle and diet (for example: Increased intake of fluids and dietary fibre and advice on appropriate physical activity). If laxatives are needed every day, or if there is persistent abdominal pain, consult with doctor. This medicine should not be used if patients are intolerant to small quantities of sugar (sorbitol, fructose).

**Side effects :** Rarely, these capsules can cause diarrhoea, nausea, abdominal cramps or skin rash.

**Use in pregnancy and lactation :** There are no adequate data from the use of the drug in pregnant women. Use in pregnancy only if the benefits outweigh the risks. Docusate sodium is excreted in breast milk and should therefore, be used with caution in lactating mothers.

**Use in child :** Children under 12 years: Not recommended.

**Drug Interaction :** Docusate Sodium soft capsule should not be taken concurrently with mineral oil.

**Overdose :** In rare cases of overdose, excessive loss of water and electrolytes should be treated by encouraging the patient to drink plenty of fluid. Electrolyte loss should be replenished where appropriate.

**Storage :** Store below 30°C in a dry place. Keep all medicine out of reach of children.

**Packing :** Each box contains 30's soft capsules in blister pack.

